



## Millennium Coastal Path, Carmarthenshire

The ideal place for a family bike ride or a leisurely stroll.

*"This is a great stretch of the Wales Coast Path where you can take your bike or enjoy the views by foot on an easily accessible coastal traffic free route following the stunning Carmarthenshire coast. This is an ideal place to bring the family to discover this region of Wales."*

TRICIA COTTNAM, WALES COAST PATH OFFICER

### Start and Finish:

Loughor to Pembrey.

### Distance:

13 mile/21km.

### Along the way...

Following a level and easy to navigate section of the Wales Coast Path, this section of the Carmarthenshire coastline can be enjoyed on foot or by bike by all the family. As you travel, you'll pass a huge range of things to see and do, including a Wetlands Sanctuary home to a flock of pink flamingos, big sandy beaches, pretty harbours and a fun country park with its own dry ski slope.

If the full distance (13 miles / 21km) seems like too much, for families especially, this walk has been divided into four shorter sections on the Discover Carmarthenshire website: <http://www.discovercarmarthenshire.com/explore/epic-cycling-routes/family-friendly-routes/millennium-coastal-path/>

### Need to know:

There are numerous car parks, places to eat, facilities and shops along the way, as well as excellent public transport links. For full details head to Discover Carmarthenshire's website:

<http://www.discovercarmarthenshire.com/explore/epic-cycling-routes/family-friendly-routes/millennium-coastal-path>